

Test Bank - Chapter 01

Q1: The OTPF or Framework refers to activities that support daily life within the home and community as which of the following?

- A. Activities of daily living (ADLs)
- B. Instrumental activities of daily living (IADLs) (Correct)**
- C. Performance skills
- D. Areas of occupation
- E. Context

Rationale: IADLs are by definition complex activities that support daily life within the home and community (OTPF OR FRAMEWORK, pS30). The specific IADLs included in the domain are care of others (including selecting and supervising caregivers), care of pets, childrearing, communication management, driving and community mobility, financial management, home establishment and management, meal preparation and cleanup, religious and spiritual expression, safety and emergency maintenance, and shopping.

Q2: The OTPF or FRAMEWORK refers to activities that are oriented toward taking care of one's own body as which of the following?

- A. ADLs (Correct)**
- B. IADLs
- C. Performance skills
- D. Areas of occupation
- E. Context

Rationale: ADLs (also referred to as personal activities of daily living [PADLs] or basic activities of daily living [BADLs]) are, by definition, activities that have to do with accomplishing one's own personal body care. The body care activities included in the ADL category are bathing/showering, toileting and toileting hygiene, dressing, eating and swallowing, feeding, functional mobility, personal hygiene and grooming, and sexual activity.

Q3: The subcategories of care of pets, home management, and shopping are included in which area of occupation?

- A. Education
- B. Social participation
- C. Leisure
- D. IADLs (Correct)**
- E. ADLs

Rationale: Care of pets, home management, and shopping are all activities that support daily life within the home and community.

Q4: Values, including beliefs and commitments, derived from culture about what is good, right, and important to do fall within which OTPF or FRAMEWORK section?

- A. Performance in areas of occupation
- B. Performance patterns
- C. Activity demands
- D. Contexts (Correct)**
- E. Client factors

Rationale: The client factor category of the OTPF or FRAMEWORK describes values, beliefs, and spirituality as encompassing the client's perceptions, motivations, and related meaning that influence or are influenced by engagement in occupations.

Q5: Work is a component of which part of the OTPF or FRAMEWORK?

- A. Performance of occupations (Correct)**
- B. Performance patterns
- C. Activity demands
- D. Contexts
- E. Client factors

Rationale: Performance of occupations is described under the Domain element. Work falls under the category of Instrumental Activities of Daily Living (IADL).

Q6: Sequencing and timing are considered in which OTPF or FRAMEWORK section?

- A. Performance skills
- B. Performance patterns
- C. Context
- D. Activity demands (Correct)**
- E. Client factors

Rationale: Sequencing and timing are a part of activity demands.

Q7: Roles and routines are under which OTPF OR FRAMEWORK section?

- A. Performance skills
- B. Performance patterns (Correct)**
- C. Context
- D. Activity demands
- E. Client factors

Rationale: Roles and routines are a part of performance patterns.

Q8: A 10-year-old client is making her bed. She needs two sheets and a pillowcase to do this task. She prefers flannel sheets. This would be considered under which section of activity demands?

- A. Objects and their properties (Correct)**

- B. Space demands
- C. Sequence and timing
- D. Required body structures
- E. Required actions

Rationale: Flannel sheets are the materials needed for the 10-year-old to complete her activity. Sheets are the object. Flannel is an important property of the object.

Q9: All the members of the 10-year-old client's family are expected to make their own beds after age 5. This would be considered under which section of activity demands?

- A. Objects and their properties
- B. Space demands
- C. Sequence and timing
- D. Social demands (Correct)**
- E. Required actions

Rationale: In this client's case, making the bed is a social demand for her family.

Q10: For the 10-year-old client to make her bed, she will need enough hand strength to pull the corner of the bottom sheet to fit. This would be considered under which section of activity demands?

- A. Objects and their properties
- B. Space demands
- C. Sequence and timing
- D. Required body structures
- E. Required body functions (Correct)**

Rationale: Adequate hand strength is a required body function for this client to complete her activity.

Q11: To make her bed, the 10-year-old client will need to unfold the pillowcase and push the pillow all the way into the case so that the corners of the pillow and case match. This would be considered under which section of activity demands?

- A. Social demands
- B. Sequence and timing
- C. Required actions (Correct)**
- D. Required body function
- E. Required body structures

Rationale: Unfolding the pillowcase and pushing the pillow all the way into the case are the required actions needed for this client to complete her activity.

Q12: Which of the following client factors would be considered a body structure issue?

A. The client's right thumb was cut off in an industrial accident. (Correct)

B. The client has limited sensation in his left hand.

C. The client is incontinent.

D. The client has no hearing in his left ear.

E. The client's exercise tolerance is very poor.

Rationale: The absence of the client's right thumb as a result of an industrial accident is the only body structure issue in this list.